

Healing Arts

↪ Singapore Artist Commissions

ECCA FAMILY
FOUNDATION

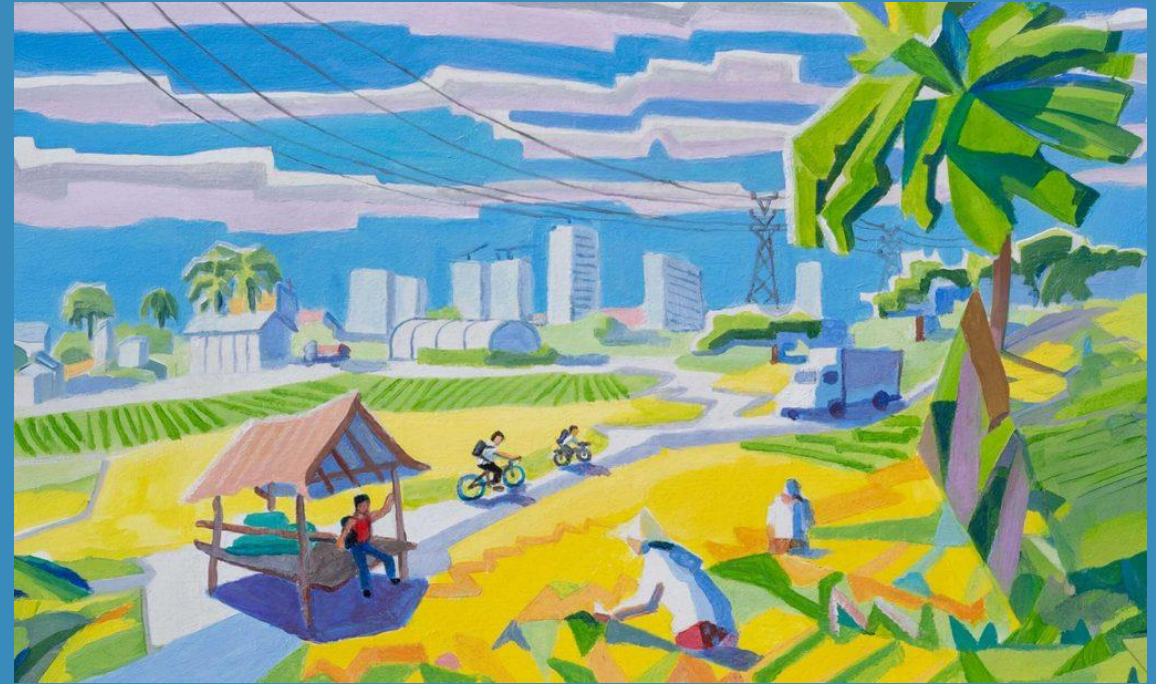


Healingartssingapore.org



The Jameel Arts & Health Lab and ECCA Family Foundation are delighted to support four incredible Artists/Collectives using the arts to drive real mental health impact and to create or innovate existing, site-specific works that explore Arts & Mental Health.

Together, this commission with helping to shape more culturally responsible approaches to mental health, demonstrating the important role the arts can play across cultural, healthcare and community settings.





MAYA DANCE THEATRE

Since 2007, Maya Dance Theatre (MDT) has been using dance to tell the stories that matter - creating socially conscious, multi-disciplinary work that provokes conversation and drives change.

Their programme The Body In-Motion (BIM), with the Diverse Abilities Dance Collective, reimagines what healthy ageing can look like. Seniors, older volunteers, and diverse-abilities dancers come together through movement, storytelling, and music — building connection and wellbeing across communities and care settings in Singapore. Designed by occupational therapist Kavitha Krishnan, BIM is inclusive, culturally grounded arts practice in action.

XIAO CHANG



Singapore-based artist Xin Xiaochang (b. 1982) works at the intersection of art and design - mixing ceramics with sculpture, installation, and finely crafted media to create works that are as conceptually rich as they are materially precise. Exhibited widely across local and international stages, her work is held in private and corporate collections around the world.

What if patients helped shape the spaces they live in? Shared Spaces, Shared Futures, led by Xin Xiaochang in partnership with Ng Teng Fong General Hospital and Jurong Community Hospital, does exactly that - bringing together patients, caregivers, healthcare workers, and young people to co-design a dementia ward through creative workshops, memory-based storytelling, and participatory design. The result: care environments that are more responsive, inclusive, and deeply human.

GATEWAY ARTS



Gateway Arts is a Singapore-based theatre company for young people - provoking thought, sparking conversation, and inspiring change through productions that tackle real social issues. A registered charity and IPC, they are committed to nurturing emerging artists and bringing meaningful arts experiences to underserved communities.

Their production Scaredy Kat Presents follows Kathryn, an eleven-year-old navigating anxiety and isolation, creating an empathetic space for young people aged 10–14 to explore social anxiety, bullying, and emotional resilience. Extended through post-show discussions and outreach with mental health and social care partners, the project builds early mental health awareness and emotional literacy among Singapore's youth.

NATIONAL GALLERY SINGAPORE & THE TENG COMPANY



National Gallery Singapore holds the world's largest public collection of Singapore and Southeast Asian modern art. The TENG Company reimagines what Chinese music can be and who it can reach. Together, the two organisations bring a powerful creative partnership - one that bridges visual and sonic art forms in service of wellbeing, inclusion, and lifelong learning.

Music for Mindfulness – The Gallery Collection is a new series of mindfulness compositions by The TENG Company, created for National Gallery Singapore's Calm Room. Inspired by works from the Gallery's collection, each composition translates visual art into immersive sound blending Chinese, Indian, and Malay musical traditions with contemporary composition and Delta monaural beats to support reflection, sensory respite, and emotional wellbeing. Designed for all visitors, with a particular focus on those who are neurodivergent, the project shows how interdisciplinary arts practice can make cultural spaces more inclusive and restorative.